

P-4736

IT'S TIME FOR A CHANGE!

NOV 1

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer.

- fruits and vegetables,
- milk substitutes such as soy beverages and tofu,
- canned beans,
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc),
- canned salmon or sardines in addition to canned chunk light tuna
- "baby jar" fruits and vegetables

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages

WIC wants to know your ideas about these changes!

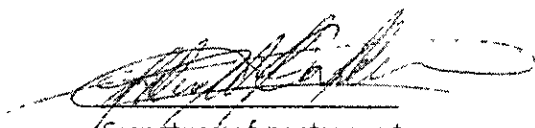
The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture).

What do you like most about the proposed changes?

OK

What other comments would you like to make?

NONE


(Signature of participant)

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer:

- fruits and vegetables,
- milk substitutes such as soy beverages and tofu;
- canned beans,
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc);
- canned salmon or sardines in addition to canned chunk light tuna.
- "baby jar" fruits and vegetables.

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture)

What do you like **most** about the proposed changes?

fruits & vegetables

canned beans

different whole grain foods

What other comments would you like to make?

Molly Freeman
Signature of participant

P-4738

IT'S TIME FOR A CHANGE!

130

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer:

- fruits and vegetables;
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- canned beans,
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- canned salmon or sardines in addition to canned chunk light tuna
- "baby jar" fruits and vegetables

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture)

What do you like most about the proposed changes?

Adding fruits & vegetables, as well as other whole grain foods.

What other comments would you like to make?

Would adding these new things decrease the food I'm already getting?

Heather V. L. L. L.

Signature of participant

P-4739

IT'S TIME FOR A CHANGE!

NOV 1991

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer.

- fruits and vegetables.
- milk substitutes such as soy beverages and tofu.
- canned beans.
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc).
- canned salmon or sardines in addition to canned chunk light tuna.
- "baby jar" fruits and vegetables

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages

WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture)

What do you like most about the proposed changes?

fruit and
Beans
eats

so that my child

What other comments would you like to make?

when

things happen

Eugenia Medel
Signature of participant

P-4740

IT'S TIME FOR A CHANGE!

NOV 1991

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

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- fruits and vegetables,
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- canned beans,
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc),
- canned salmon or sardines in addition to canned chunk light tuna
- "baby jar" fruits and vegetables

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages

WIC wants to know your ideas about these changes!

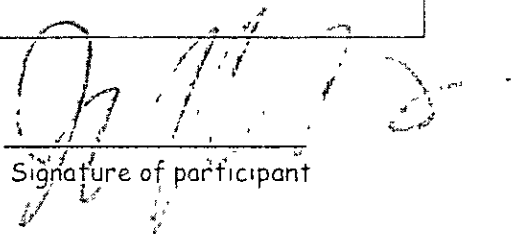
The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture)

What do you like most about the proposed changes?

Soy milk - there's a lot
more variety

What other comments would you like to make?

I like WIC. IT IS VERY
helpful


Signature of participant

P-4741

IT'S TIME FOR A CHANGE!

157

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer:

- fruits and vegetables,
- milk substitutes such as soy beverages and tofu,
- canned beans,
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc),
- canned salmon or sardines in addition to canned chunk light tuna
- "baby jar" fruits and vegetables

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages

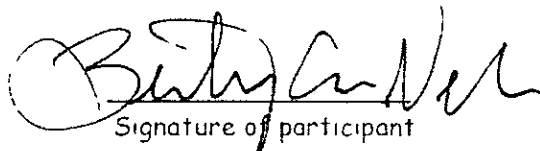
WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture)

What do you like most about the proposed changes?

fruits + vegetable
+ baby jar fruits + vegetables

What other comments would you like to make?


Signature of participant

P-4742

IT'S TIME FOR A CHANGE!

NOV 1991

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer.

- fruits and vegetables,
- milk substitutes such as soy beverages and tofu,
- canned beans,
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc).
- canned salmon or sardines in addition to canned chunk light tuna
- "baby jar" fruits and vegetables.

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture).

What do you like most about the proposed changes?

~~offer~~ offer of fruits and vegetables, soy beverages.

What other comments would you like to make?

Eri Neguchi
Signature of participant

P-47413

IT'S TIME FOR A CHANGE!

NOV 01 1991

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer

- fruits and vegetables.
- milk substitutes such as soy beverages and tofu;
- canned beans.
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc).
- canned salmon or sardines in addition to canned chunk light tuna.
- "baby jar" fruits and vegetables

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages

WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture)

What do you like most about the proposed changes?

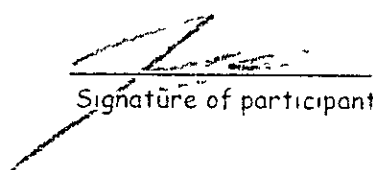
N/A

What other comments would you like to make?

BIGGER

CEREAL

SECTION


Signature of participant

P-4744

IT'S TIME FOR A CHANGE!

NOV 1990

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer

- fruits and vegetables;
- milk substitutes such as soy beverages and tofu.
- canned beans;
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc);
- canned salmon or sardines in addition to canned chunk light tuna
- "baby jar" fruits and vegetables

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!

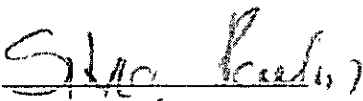
The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture).

What do you like most about the proposed changes?

The bread, tortillas, rice is great.

What other comments would you like to make?

None


Signature of participant

P-4745

IT'S TIME FOR A CHANGE!

NOV 13 1994

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer.

- fruits and vegetables,
- milk substitutes such as soy beverages and tofu,
- canned beans,
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc);
- canned salmon or sardines in addition to canned chunk light tuna.
- "baby jar" fruits and vegetables

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture)

What do you like most about the proposed changes?

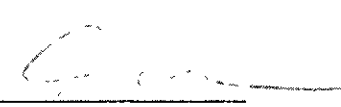
I like the
more healthy

what they're offering
because it contains less sugar in it.

What other comments would you like to make?

I find that fruit contains a lot of sugar.

I am glad to see the changes for the better health
to our children.


Signature of participant

P-4746

IT'S TIME FOR A CHANGE!

2006 100

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer

- fruits and vegetables,
- milk substitutes such as soy beverages and tofu,
- canned beans,
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc),
- canned salmon or sardines in addition to canned chunk light tuna
- "baby jar" fruits and vegetables

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages

WIC wants to know your ideas about these changes!

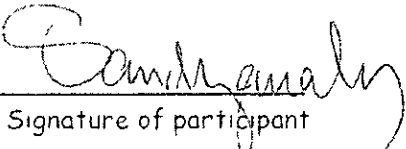
The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture)

What do you like most about the proposed changes?

milk substitute such as soy
beverages and tofu

What other comments would you like to make?

N/A


Signature of participant

P-4747

IT'S TIME FOR A CHANGE!

NOV 1994

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer.

- fruits and vegetables,
- milk substitutes such as soy beverages and tofu,
- canned beans,
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc),
- canned salmon or sardines in addition to canned chunk light tuna
- "baby jar" fruits and vegetables

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture)

What do you like **most** about the proposed changes?
more variety

What other comments would you like to make?

Shannica Dumb
Signature of participant

P-4748

IT'S TIME FOR A CHANGE!

MAY 14 2005

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer

- fruits and vegetables,
- milk substitutes such as soy beverages and tofu,
- canned beans,
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc),
- canned salmon or sardines in addition to canned chunk light tuna.
- "baby jar" fruits and vegetables

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages

WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture)

What do you like most about the proposed changes?

IT WAS FINE COZ THEY STILL HEALTHY FOODS
ESPECIALLY FOR MY BILLY.

What other comments would you like to make?

N/A

Lina Diavety
Signature of participant

P-4749

IT'S TIME FOR A CHANGE!

NOV 6 2 2003

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer

- fruits and vegetables;
- milk substitutes such as soy beverages and tofu;
- canned beans,
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc),
- canned salmon or sardines in addition to canned chunk light tuna.
- "baby jar" fruits and vegetables

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages

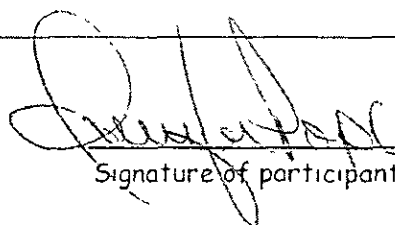
WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture).

What do you like most about the proposed changes?

Fruits & Veggies

What other comments would you like to make?


Signature of participant

P-4750

IT'S TIME FOR A CHANGE!

NOV 02 2005

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer.

- fruits and vegetables.
- milk substitutes such as soy beverages and tofu.
- canned beans.
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc).
- canned salmon or sardines in addition to canned chunk light tuna
- "baby jar" fruits and vegetables

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture)

What do you like most about the proposed changes?

more variety + choices for a child
who is a picky eater.

What other comments would you like to make?


Signature of participant

P-4751

IT'S TIME FOR A CHANGE!

NOV 04 2016

WIC is proposing to make changes in our Food Packages.

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Offer.

- fruits and vegetables,
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- canned salmon or sardines in addition to canned chunk light tuna
- "baby jar" fruits and vegetables.

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture).

What do you like most about the proposed changes?

I like

What other comments would you like to make?



Signature of participant

WIC is proposing to make changes in our Food Packages.

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Offer

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- canned beans;
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc).
- canned salmon or sardines in addition to canned chunk light tuna
- "baby jar" fruits and vegetables

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

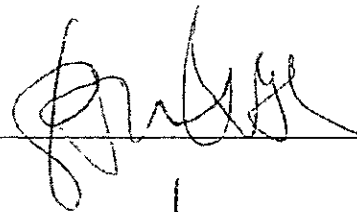
WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture)

What do you like **most** about the proposed changes?

I would love fresh fruits & veggies.
It's a healthy choice & a great snack!

What other comments would you like to make?



Signature of participant

P-4753

IT'S TIME FOR A CHANGE!

DATE: 11/11/99

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer

- fruits and vegetables.
- milk substitutes such as soy beverages and tofu.
- canned beans.
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc);
- canned salmon or sardines in addition to canned chunk light tuna
- "baby jar" fruits and vegetables

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!


The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture).

What do you like most about the proposed changes?

Great Ideas

What other comments would you like to make?

none



Signature of participant

P-4754

IT'S TIME FOR A CHANGE!

NOV 6 1994

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer:

- ☒ fruits and vegetables;
- ☐ milk substitutes such as soy beverages and tofu;
- ☐ canned beans;
- ☒ a variety of whole grain foods (cereal, breads, tortillas, rice, etc);
- ☐ canned salmon or sardines in addition to canned chunk light tuna.
- ☒ "baby jar" fruits and vegetables.

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture).

What do you like most about the proposed changes?

"BABY JAR" FRUIT & VEG
Soy & Veg

What other comments would you like to make?

Just that it will be very
helpful if those things are added

Laura Rodriguez
Signature of participant

P-4755

NOV 30 1979

IT'S TIME FOR A CHANGE!

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

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- fruits and vegetables;
- milk substitutes such as soy beverages and tofu;
- canned beans;
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc);
- canned salmon or sardines in addition to canned chunk light tuna.
- "baby jar" fruits and vegetables.

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!

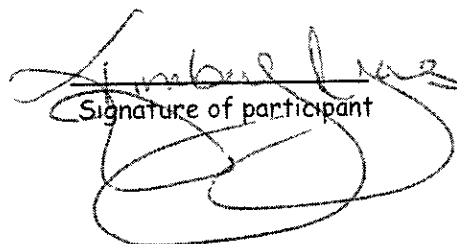
The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture).

What do you like most about the proposed changes?

The diversity

What other comments would you like to make?

Service has been beneficial
and educational.


Signature of participant

p-4756

NOV 6 1990

IT'S TIME FOR A CHANGE!

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer:

- fruits and vegetables;
- milk substitutes such as soy beverages and tofu;
- canned beans;
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc);
- canned salmon or sardines in addition to canned chunk light tuna.
- "baby jar" fruits and vegetables.

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture).

What do you like most about the proposed changes?

fruits and vegetables my child enjoys
them very much

What other comments would you like to make?

N/A

Enrique Gomez
Signature of participant

P-4757

IT'S TIME FOR A CHANGE!

NOV 8 2008

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer:

- fruits and vegetables;
- milk substitutes such as soy beverages and tofu;
- canned beans;
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc);
- canned salmon or sardines in addition to canned chunk light tuna.
- "baby jar" fruits and vegetables.

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!


The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture).

What do you like most about the proposed changes?

Free
WIC

see list
on page 2

What other comments would you like to make?


Signature of participant

P-4758

IT'S TIME FOR A CHANGE!

NOV 9 2003

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer:

- fruits and vegetables;
- milk substitutes such as soy beverages and tofu;
- canned beans;
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc);
- canned salmon or sardines in addition to canned chunk light tuna.
- "baby jar" fruits and vegetables.

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!

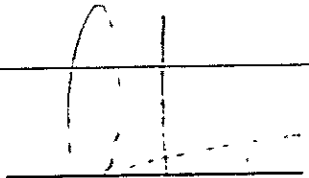
The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture).

What do you like most about the proposed changes?

THE FRUIT & VEGETABLES FOR THE
BABY'S.

What other comments would you like to make?

we could get a CARD TO USE IT AT
ANY STORE, it will be more CONVENIENT FOR
US.


Signature of participant

P-4759

IT'S TIME FOR A CHANGE!

12/1/99

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer:

- fruits and vegetables;
- milk substitutes such as soy beverages and tofu;
- canned beans;
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc);
- canned salmon or sardines in addition to canned chunk light tuna.
- "baby jar" fruits and vegetables.

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

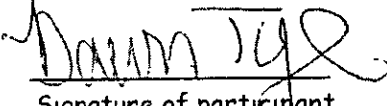
WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture).

What do you like most about the proposed changes?

Canned beans

What other comments would you like to make?


Signature of participant

P-4760

IT'S TIME FOR A CHANGE!

NOV 14 2001

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer.

- fruits and vegetables,
- milk substitutes such as soy beverages and tofu;
- canned beans,
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc);
- canned salmon or sardines in addition to canned chunk light tuna
- "baby jar" fruits and vegetables.

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!


The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture)

What do you like **most** about the proposed changes?

We can sardines because our kids like
That

What other comments would you like to make?

None


Signature of participant

p-4761

IT'S TIME FOR A CHANGE!

NOV 1 1995

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer.

- fruits and vegetables,
- milk substitutes such as soy beverages and tofu,
- canned beans,
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc),
- canned salmon or sardines in addition to canned chunk light tuna.
- "baby jar" fruits and vegetables

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!

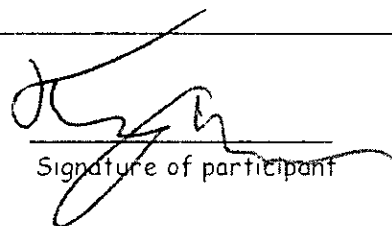
The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture)

What do you like most about the proposed changes?

Great

What other comments would you like to make?

None


Signature of participant

P-4762

IT'S TIME FOR A CHANGE!

MON 11.15.

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer:

- fruits and vegetables,
- milk substitutes such as soy beverages and tofu,
- canned beans;
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc);
- canned salmon or sardines in addition to canned chunk light tuna
- "baby jar" fruits and vegetables

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages

WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture)

What do you like **most** about the proposed changes?

i think it's great

What other comments would you like to make?

none

Daniel Cille

Signature of participant

P-4763

IT'S TIME FOR A CHANGE!

NOV 11 2005

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer:

- fruits and vegetables,
- milk substitutes such as soy beverages and tofu;
- canned beans,
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc),
- canned salmon or sardines in addition to canned chunk light tuna.
- "baby jar" fruits and vegetables

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!

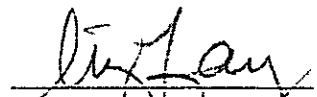
The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture)

What do you like most about the proposed changes?

babu

3 food

What other comments would you like to make?


Signature of participant

P-4764

IT'S TIME FOR A CHANGE!

NOV 1997

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer:

- fruits and vegetables,
- milk substitutes such as soy beverages and tofu,
- canned beans,
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc),
- canned salmon or sardines in addition to canned chunk light tuna,
- "baby jar" fruits and vegetables

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!


The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture)

What do you like most about the proposed changes?

Adding fruit and vegetables is a great idea. I like fresh fruit and vegetables. This would be a great idea.

What other comments would you like to make?

I like the idea of adding fruit and vegetables. I like the idea of adding whole grain foods. I like the idea of adding canned salmon or sardines. I like the idea of adding "baby jar" fruits and vegetables.


Signature of participant

84765

IT'S TIME FOR A CHANGE!

WIC 11

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer:

- fruits and vegetables,
- milk substitutes such as soy beverages and tofu;
- canned beans;
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc);
- canned salmon or sardines in addition to canned chunk light tuna
- "baby jar" fruits and vegetables

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture).

What do you like most about the proposed changes?

That could be awesome and very helpful. I could really use fruits, veggies, whole grain and baby jar food. Thank you.

What other comments would you like to make?

Michelle Lamb

Signature of participant

14766

IT'S TIME FOR A CHANGE!

NOV 13 2003

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer

- fruits and vegetables.
- milk substitutes such as soy beverages and tofu.
- canned beans.
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc).
- canned salmon or sardines in addition to canned chunk light tuna.
- "baby jar" fruits and vegetables.

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages

WIC wants to know your ideas about these changes!


The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture)

What do you like most about the proposed changes?

MORE VARIETY & CONVENIENCE

What other comments would you like to make?

*I THANK WIC FOR YOUR
HELP.*


Signature of participant

84767

IT'S TIME FOR A CHANGE!

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer:

- fruits and vegetables;
- milk substitutes such as soy beverages and tofu;
- canned beans;
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc);
- canned salmon or sardines in addition to canned chunk light tuna;
- "baby jar" fruits and vegetables.

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

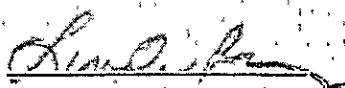
WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture).

What do you like most about the proposed changes?

Fruits & Vegetables
Tortillas
Canned Salmon

What other comments would you like to make?


Signature of participant

94768

IT'S TIME FOR A CHANGE!

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer:

- fruits and vegetables; ✓
- milk substitutes such as soy beverages and tofu;
- canned beans;
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc); ✓
- canned salmon or sardines in addition to canned chunk light tuna. ✓
- "baby jar" fruits and vegetables. ✓

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture).

What do you like most about the proposed changes?

the new foods that my children would like more
such as fruits and rice.

What other comments would you like to make?

that is a great program and it helps
and the people are very nice.



Signature of participant

p 4769

IT'S TIME FOR A CHANGE!

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer:

- fruits and vegetables;
- milk substitutes such as soy beverages and tofu;
- canned beans;
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc);
- canned salmon or sardines in addition to canned chunk light tuna.
- "baby jar" fruits and vegetables.

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture).

What do you like most about the proposed changes?

"baby jar"

tablets

What other comments would you like to make?

None



Signature of participant

14770

IT'S TIME FOR A CHANGE!

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer:

- fruits and vegetables;
- milk substitutes such as soy beverages and tofu;
- canned beans;
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc);
- canned salmon or sardines in addition to canned chunk light tuna..
- "baby jar" fruits and vegetables.

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture).

What do you like most about the proposed changes?

I like that now we can go
to any WIC store as long as
we see the symbol

What other comments would you like to make?

Marhelle Daino
Signature of participant

IT'S TIME FOR A CHANGE!

WIC is proposing to make changes in our Food Packages.

Here are some of the proposed additions and changes:

Offer:

- fruits and vegetables;
- milk substitutes such as soy beverages and tofu;
- canned beans;
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc);
- canned salmon or sardines in addition to canned chunk light tuna.
- "baby jar" fruits and vegetables.

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!
 The American Red Cross WIC Program will submit your ideas to the USDA
 (United States Department of Agriculture).

What do you like most about the proposed changes?

fruits and veggie

What other comments would you like to make?

~~ADD~~ better for children
 to grow

Adrienne Day
 Signature of participant

P 4772

IT'S TIME FOR A CHANGE!

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer:

- fruits and vegetables;
- milk substitutes such as soy beverages and tofu;
- canned beans;
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc);
- canned salmon or sardines in addition to canned chunk light tuna;
- "baby jar" fruits and vegetables.

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!


The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture).

What do you like most about the proposed changes?

WHAT I LIKE MOST IS THE FRUITS & VEGE
AND THE BERRY JAR

What other comments would you like to make?

NO



Signature of participant

4273

IT'S TIME FOR A CHANGE!

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer:

- fruits and vegetables;
- milk substitutes such as soy beverages and tofu;
- canned beans;
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc);
- canned salmon or sardines in addition to canned chunk light tuna.
- "baby jar" fruits and vegetables.

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture).

What do you like most about the proposed changes?

That it's a great thing
And it will help out a lot
to those whom need food like
that.

What other comments would you like to make?

It would be great, if we ~~can~~
can get 4 juices at a time.

Phany Touch

Signature of participant

IT'S TIME FOR A CHANGE!

NOV 29 1993

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer.

- fruits and vegetables.
- milk substitutes such as soy beverages and tofu.
- canned beans.
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc).
- canned salmon or sardines in addition to canned chunk light tuna.
- "baby jar" fruits and vegetables

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

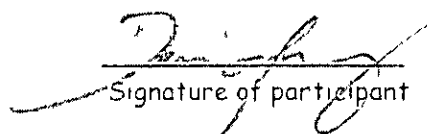
WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture)

What do you like most about the proposed changes?

What I like most is that
you are offering bread, I
have always thought it
should be included

What other comments would you like to make?


Signature of participant

4775

IT'S TIME FOR A CHANGE!

WIC is proposing to make changes in our Food Packages.

INSIDE 2-1

Here are some of the *proposed* additions and changes:

Offer:

- fruits and vegetables,
- milk substitutes such as soy beverages and tofu;
- canned beans
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc);
- canned salmon or sardines in addition to canned chunk light tuna.
- "baby jar" fruits and vegetables.

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture).

What do you like most about the proposed changes?

Tr
he

variety for better

What other comments would you like to make?

orga

yl

offer pasteurized

Angela M. Bogard
Signature of participant

4776

IT'S TIME FOR A CHANGE!

NOV 13 1995

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer:

- fruits and vegetables,
- milk substitutes such as soy beverages and tofu;
- canned beans,
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc).
- canned salmon or sardines in addition to canned chunk light tuna.
- "baby jar" fruits and vegetables

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!

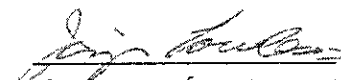
The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture).

What do you like most about the proposed changes?

A better variety

A good idea of choices

What other comments would you like to make?


Signature of participant

84777

IT'S TIME FOR A CHANGE!

NOV 08 2001

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer.

- fruits and vegetables,
- milk substitutes such as soy beverages and tofu;
- canned beans;
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc),
- canned salmon or sardines in addition to canned chunk light tuna
- "baby jar" fruits and vegetables.

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

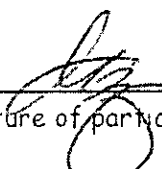
WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture)

What do you like most about the proposed changes?

*I think they're GREAT! Fruits +
Vegetable should definitely be added
All of the proposed additions and
changes should be done!*

What other comments would you like to make?



Signature of participant

IT'S TIME FOR A CHANGE!

NOV 1 1993

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer:

- fruits and vegetables,
- milk substitutes such as soy beverages and tofu,
- canned beans,
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc);
- canned salmon or sardines in addition to canned chunk light tuna
- "baby jar" fruits and vegetables.

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture)

What do you like most about the proposed changes?

sounds good with new
addititions.

What other comments would you like to make?

To get better
customer service


Signature of participant

4779

IT'S TIME FOR A CHANGE!

NOV 10 1997

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer

- fruits and vegetables,
- milk substitutes such as soy beverages and tofu,
- canned beans,
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc);
- canned salmon or sardines in addition to canned chunk light tuna.
- "baby jar" fruits and vegetables

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages

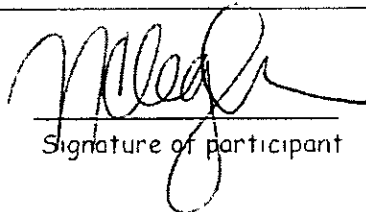
WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA (United States Department of Agriculture).

What do you like most about the proposed changes?

I think the changes sound great!

What other comments would you like to make?


Signature of participant

IT'S TIME FOR A CHANGE!

NOV

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer.

- fruits and vegetables.
- milk substitutes such as soy beverages and tofu.
- canned beans;
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc);
- canned salmon or sardines in addition to canned chunk light tuna
- "baby jar" fruits and vegetables

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

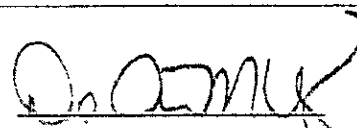
WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture).

What do you like most about the proposed changes?

I think the bread + vegetables + fruit is a great idea.

What other comments would you like to make?


Signature of participant

IT'S TIME FOR A CHANGE!

NOV 30 1993

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer.

- fruits and vegetables,
- milk substitutes such as soy beverages and tofu,
- canned beans
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc),
- canned salmon or sardines in addition to canned chunk light tuna
- "baby jar" fruits and vegetables

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture)

What do you like most about the proposed changes?

The Va

insufficient foods

What other comments would you like to make?



Signature of participant

IT'S TIME FOR A CHANGE!

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer:

- fruits and vegetables,
- milk substitutes such as soy beverages and tofu,
- canned beans,
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc),
- canned salmon or sardines in addition to canned chunk light tuna
- "baby jar" fruits and vegetables

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture)

What do you like most about the proposed changes? *is a very good idea, fruits and vegetables are the best. IS good to see they want to make those changes for the best.*

What other comments would you like to make?

I hope they make these changes for the good of all the kids & Families that need it. Thank you.

Randee Clae
Signature of participant

P 4783

IT'S TIME FOR A CHANGE!

NOV 1992

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer:

- fruits and vegetables,
- milk substitutes such as soy beverages and tofu,
- canned beans,
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc);
- canned salmon or sardines in addition to canned chunk light tuna
- "baby jar" fruits and vegetables

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture)

What do you like most about the proposed changes?

The Fruits and vegetables,

What other comments would you like to make?

Vera Sandoval
Signature of participant

IT'S TIME FOR A CHANGE!

NOV 6

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer:

- fruits and vegetables,
- milk substitutes such as soy beverages and tofu,
- canned beans,
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc),
- canned salmon or sardines in addition to canned chunk light tuna.
- "baby jar" fruits and vegetables.

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages

WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture)

What do you like most about the proposed changes?

might make it easier to select cereal.
The food will last longer if canned.
Good idea.

What other comments would you like to make?



Signature of participant

4785

IT'S TIME FOR A CHANGE!

NOV 1997

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer:

- fruits and vegetables.
- milk substitutes such as soy beverages and tofu.
- canned beans.
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc).
- canned salmon or sardines in addition to canned chunk light tuna
- "baby jar" fruits and vegetables

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture)

What do you like most about the proposed changes?

soy beverages. fruits

What other comments would you like to make?



Signature of participant

IT'S TIME FOR A CHANGE!

NOV 1997

WIC is proposing to make changes in our Food Packages

Here are some of the *proposed* additions and changes:

Offer:

- fruits and vegetables;
- milk substitutes such as soy beverages and tofu;
- canned beans,
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc);
- canned salmon or sardines in addition to canned chunk light tuna
- "baby jar" fruits and vegetables

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA (United States Department of Agriculture).

What do you like most about the proposed changes?

NO COMMENTS at this time.

What other comments would you like to make?

NONE

Rachel Anderson

Signature of participant

IT'S TIME FOR A CHANGE!

Date: 11/1/00

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer

- fruits and vegetables,
- milk substitutes such as soy beverages and tofu;
- canned beans,
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc),
- canned salmon or sardines in addition to canned chunk light tuna.
- "baby jar" fruits and vegetables

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages

WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture)

What do you like most about the proposed changes?

the 72

11/1/00

What other comments would you like to make?

Kristin K. Brown
Signature of participant

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer:

- fruits and vegetables,
- milk substitutes such as soy beverages and tofu,
- canned beans;
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc);
- canned salmon or sardines in addition to canned chunk light tuna.
- "baby jar" fruits and vegetables

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages

WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture).

What do you like most about the proposed changes?

GREAT, OUTSTANDING. THE VARIETY !!!
CHILDREN LOVE VARIETY, CHANGE IN FOODS.

What other comments would you like to make?

STAFF IS OUTSTANDING!

Laura O'gett

Signature of participant

IT'S TIME FOR A CHANGE!

9/17/98

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer:

- fruits and vegetables,
- milk substitutes such as soy beverages and tofu,
- canned beans,
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc);
- canned salmon or sardines in addition to canned chunk light tuna.
- "baby jar" fruits and vegetables.

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

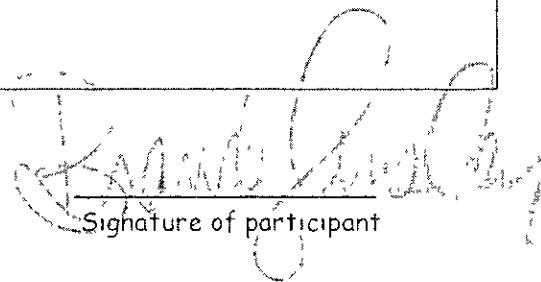
WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture)

What do you like most about the proposed changes?

fruits & vegetables
we eat a lot of them

What other comments would you like to make?


Signature of participant

84790

IT'S TIME FOR A CHANGE!

NOV 1 1977

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer:

- fruits and vegetables,
- milk substitutes such as soy beverages and tofu;
- canned beans;
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc);
- canned salmon or sardines in addition to canned chunk light tuna
- "baby jar" fruits and vegetables.

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages

WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture).

What do you like most about the proposed changes? *yes*

What other comments would you like to make? *none*

Harold D. [Signature]
Signature of participant

74791

IT'S TIME FOR A CHANGE!

NOV 03 2000

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer:

- fruits and vegetables;
- milk substitutes such as soy beverages and tofu;
- canned beans,
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc);
- canned salmon or sardines in addition to canned chunk light tuna.
- "baby jar" fruits and vegetables

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!

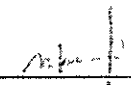
The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture)

What do you like most about the proposed changes?

fruits & vegetables

What other comments would you like to make?

no


Signature of participant

IT'S TIME FOR A CHANGE!

NOV 1992

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer.

- fruits and vegetables,
- milk substitutes such as soy beverages and tofu;
- canned beans,
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc);
- canned salmon or sardines in addition to canned chunk light tuna.
- "baby jar" fruits and vegetables

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

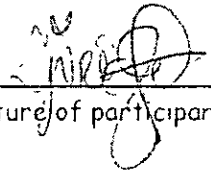
WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture).

What do you like most about the proposed changes?

the addition on bread
more variety

What other comments would you like to make?


Signature of participant

P 4793

IT'S TIME FOR A CHANGE!

NOV 6 1993

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer

- fruits and vegetables
- milk substitutes such as soy beverages and tofu.
- canned beans.
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc);
- canned salmon or sardines in addition to canned chunk light tuna
- "baby jar" fruits and vegetables.

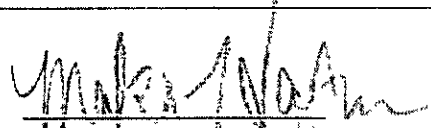
*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages

WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture)

What do you like most about the proposed changes?

What other comments would you like to make?


Signature of participant

P 4794

IT'S TIME FOR A CHANGE!

NOV 1991

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer.

- fruits and vegetables;
- milk substitutes such as soy beverages and tofu.
- canned beans;
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc).
- canned salmon or sardines in addition to canned chunk light tuna
- "baby jar" fruits and vegetables

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages

WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture).

What do you like most about the proposed changes?

I think it would be great to add
fruits and vegetables.

What other comments would you like to make?

Leah Delleray

Leah Delleray
Signature of participant

4795

IT'S TIME FOR A CHANGE!

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer

- fruits and vegetables,
- milk substitutes such as soy beverages and tofu,
- canned beans,
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc);
- canned salmon or sardines in addition to canned chunk light tuna
- "baby jar" fruits and vegetables

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture)

What do you like most about the proposed changes?

Baby jar fruits & vegetables for infants.
All the proposed additions would add more variety to children's diet.

What other comments would you like to make?

None

Melina Sells

Signature of participant

24796

IT'S TIME FOR A CHANGE!

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer:

- fruits and vegetables.
- milk substitutes such as soy beverages and tofu;
- canned beans;
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc).
- canned salmon or sardines in addition to canned chunk light tuna
- "baby jar" fruits and vegetables

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages

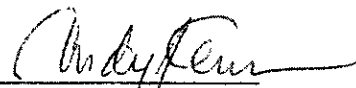
WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture).

What do you like most about the proposed changes?

the Proposed of the Change is ~~proposed~~
~~very~~ - Excellent, offer more Fruits and Vegetables
Soy beverages and tofu instead of milk

What other comments would you like to make?


Signature of participant

4797

IT'S TIME FOR A CHANGE!

NOV 1997

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer:

- fruits and vegetables,
- milk substitutes such as soy beverages and tofu,
- canned beans,
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc);
- canned salmon or sardines in addition to canned chunk light tuna
- "baby jar" fruits and vegetables

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!


The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture)

What do you like most about the proposed changes?

ok

What other comments would you like to make?

no


Signature of participant

IT'S TIME FOR A CHANGE!

2001

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer.

- fruits and vegetables,
- milk substitutes such as soy beverages and tofu,
- canned beans;
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc),
- canned salmon or sardines in addition to canned chunk light tuna
- "baby jar" fruits and vegetables

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture)

What do you like **most** about the proposed changes?

Greater variety of food choices.

What other comments would you like to make?

None

Rockelle
Signature of participant

P 4799

IT'S TIME FOR A CHANGE!

NOV

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer.

- fruits and vegetables,
- milk substitutes such as soy beverages and tofu,
- canned beans,
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc),
- canned salmon or sardines in addition to canned chunk light tuna.
- "baby jar" fruits and vegetables

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture)

What do you like most about the proposed changes?

All

What other comments would you like to make?

Rina Lence
Signature of participant

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer:

- fruits and vegetables,
- milk substitutes such as soy beverages and tofu,
- canned beans,
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc);
- canned salmon or sardines in addition to canned chunk light tuna.
- "baby jar" fruits and vegetables

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture)

What do you like most about the proposed changes?

*That we will be getting fruits and
vegetables and other healthy food.*

What other comments would you like to make?

Alma Conter

Signature of participant

P4801

IT'S TIME FOR A CHANGE!

9/10/94

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer

- fruits and vegetables,
- milk substitutes such as soy beverages and tofu,
- canned beans,
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc),
- canned salmon or sardines in addition to canned chunk light tuna.
- "baby jar" fruits and vegetables

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!

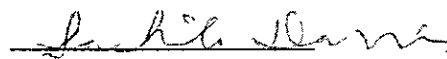
The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture)

What do you like **most** about the proposed changes?

Offer fruits

What other comments would you like to make?

N/A


Signature of participant

IT'S TIME FOR A CHANGE!

NOV 5 1991

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer:

- fruits and vegetables,
- milk substitutes such as soy beverages and tofu,
- canned beans,
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc);
- canned salmon or sardines in addition to canned chunk light tuna
- "baby jar" fruits and vegetables.

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

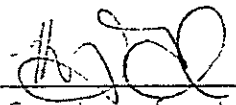
WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture)

What do you like most about the proposed changes?

I would enjoy having fruits and vegetable options along with whole grain foods.
Baby jar fruits and vegetables would be a good idea also.

What other comments would you like to make?


Signature of participant

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer.

- fruits and vegetables,
- milk substitutes such as soy beverages and tofu;
- canned beans;
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc).
- canned salmon or sardines in addition to canned chunk light tuna.
- "baby jar" fruits and vegetables

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!

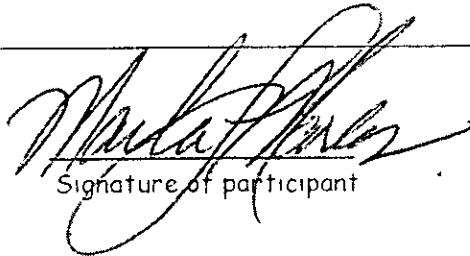
The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture)

What do you like most about the proposed changes?

- ① the soy products; soy milk. Some kids don't drink reg. milk!
- ② fruits & veggies; it's a must for preg. & kids!
- ③ variety of grains; tortillas goes with cheese!

What other comments would you like to make?

This variety choices of additions would greatly improve for what women and children need as for nutrition. Please make the effort to improve our program, thanks.


Signature of participant

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer:

- fruits and vegetables,
- milk substitutes such as soy beverages and tofu,
- canned beans;
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc),
- canned salmon or sardines in addition to canned chunk light tuna.
- "baby jar" fruits and vegetables

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

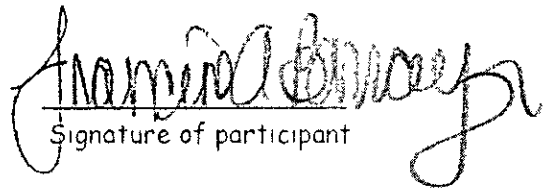
WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture)

What do you like most about the proposed changes?

I think it would be great to be able to add those items, it would help to give more help for those who like to eat fresh fruit and fresh vegetables and will make the children to be more healthier growing up with living fruits and vegetables.

What other comments would you like to make?


Signature of participant

P 4805

IT'S TIME FOR A CHANGE!

NOV 1991

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer:

- fruits and vegetables,
- milk substitutes such as soy beverages and tofu,
- canned beans
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc);
- canned salmon or sardines in addition to canned chunk light tuna.
- "baby jar" fruits and vegetables

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture).

What do you like most about the proposed changes?

fruits : : ~~bread~~ bread

What other comments would you like to make?

Pragrance Williams
Signature of participant

74806

IT'S TIME FOR A CHANGE!

NOV 1991

WIC is proposing to make changes in our Food Packages

Here are some of the *proposed* additions and changes:

Offer:

- fruits and vegetables,
- milk substitutes such as soy beverages and tofu;
- canned beans,
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc);
- canned salmon or sardines in addition to canned chunk light tuna
- "baby jar" fruits and vegetables

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

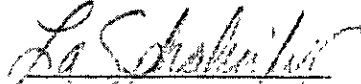
WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture)

What do you like most about the proposed changes?

Fruits & Vegetables

What other comments would you like to make?


Signature of participant

IT'S TIME FOR A CHANGE!

BIO 1

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer:

- fruits and vegetables,
- milk substitutes such as soy beverages and tofu,
- canned beans;
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc),
- canned salmon or sardines in addition to canned chunk light tuna,
- "baby jar" fruits and vegetables

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture)

What do you like **most** about the proposed changes?

theres alot more variety of food that are
healthy for my daughter

What other comments would you like to make?

Kelly Williams
Signature of participant

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer:

- fruits and vegetables,
- milk substitutes such as soy beverages and tofu,
- canned beans;
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc);
- canned salmon or sardines in addition to canned chunk light tuna.
- "baby jar" fruits and vegetables

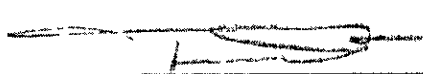
*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture).

What do you like most about the proposed changes?

What other comments would you like to make?


Signature of participant

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer:

- fruits and vegetables,
- milk substitutes such as soy beverages and tofu,
- canned beans,
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc);
- canned salmon or sardines in addition to canned chunk light tuna
- "baby jar" fruits and vegetables.

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture).

What do you like most about the proposed changes?

I think it would help out alot of fam. y, including myself.

What other comments would you like to make?


Signature of participant

IT'S TIME FOR A CHANGE!

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer:

- fruits and vegetables,
- milk substitutes such as soy beverages and tofu,
- canned beans,
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc);
- canned salmon or sardines in addition to canned chunk light tuna
- "baby jar" fruits and vegetables

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture)

What do you like most about the proposed changes?

my son loves whole grain foods so adding them
to the food packages would be great.
The "baby jar" food could have been nice when he
was a baby.

What other comments would you like to make?

Kyle Taylor

Signature of participant

74811

IT'S TIME FOR A CHANGE!

AD 1001

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer.

- fruits and vegetables,
- milk substitutes such as soy beverages and tofu,
- canned beans,
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc);
- canned salmon or sardines in addition to canned chunk light tuna.
- "baby jar" fruits and vegetables.

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

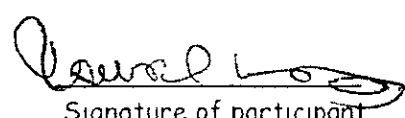
WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture)

What do you like most about the proposed changes?

Getting more fruits & vegetables

What other comments would you like to make?


Signature of participant

P 4812

IT'S TIME FOR A CHANGE!

NOV 1 1993

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer:

- fruits and vegetables,
- milk substitutes such as soy beverages and tofu;
- canned beans,
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc);
- canned salmon or sardines in addition to canned chunk light tuna
- "baby jar" fruits and vegetables

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture).

What do you like most about the proposed changes?

fruits & vegetables & the variety of
whole grain foods

What other comments would you like to make? none



Signature of participant

8 4813

IT'S TIME FOR A CHANGE!

NOV 28 1997

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer.

- fruits and vegetables,
- milk substitutes such as soy beverages and tofu,
- canned beans;
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc);
- canned salmon or sardines in addition to canned chunk light tuna
- "baby jar" fruits and vegetables

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture)

What do you like most about the proposed changes?

normally tofu is not an item we use

What other comments would you like to make?



Signature of participant

IT'S TIME FOR A CHANGE!

NOV 06 2006

P-

WIC is proposing to make changes in our Food Packages.

Here are some of the **proposed additions and changes**:

Offer:

- fruits and vegetables;
- milk substitutes such as soy beverages and tofu;
- canned beans;
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc);
- canned salmon or sardines in addition to canned chunk light tuna.
- "baby jar" fruits and vegetables

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA (United States Department of Agriculture).

What do you like most about the proposed changes?

Fruits and Vegetables + baby jar foods

What other comments would you like to make?

[Handwritten Signature]

Signature of participant

84815

11P

IT'S TIME FOR A CHANGE!

NOV 06 2008

P-

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer:

- fruits and vegetables;
- milk substitutes such as soy beverages and tofu;
- canned beans;
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc);
- canned salmon or sardines in addition to canned chunk light tuna.
- "baby jar" fruits and vegetables.

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

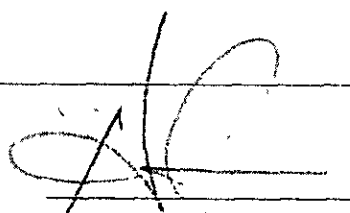
WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture)

What do you like most about the proposed changes?

It offers fruits / vegetables.

What other comments would you like to make?



Signature of participant

11-P

P 4816

IT'S TIME FOR A CHANGE!

NOV 16 2008

WIC is proposing to make changes in our Food Packages.

P-

Here are some of the *proposed* additions and changes:

Offer:

- fruits and vegetables;
- milk substitutes such as soy beverages and tofu,
- canned beans;
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc);
- canned salmon or sardines in addition to canned chunk light tuna.
- "baby jar" fruits and vegetables.

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture).

What do you like most about the proposed changes? *I feel this is the best change that could have happened*

What other comments would you like to make?

I feel soy milk should be added because a lot of toddlers have to use it and it is no more higher than lactaid milk, in fact soy milk is cheaper and healthier.



Signature of participant

P 4817

IT'S TIME FOR A CHANGE!

NOV 05 2008

11-P
P-

WIC is proposing to make changes in our Food Packages.

Here are some of the **proposed** additions and changes:

Offer:

- fruits and vegetables,
- milk substitutes such as soy beverages and tofu;
- canned beans;
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc),
- canned salmon or sardines in addition to canned chunk light tuna.
- "baby jar" fruits and vegetables.

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture)

What do you like most about the proposed changes?

the b. fruits & vegetables

What other comments would you like to make?

Great for us! ♥

Yolanda Harris
Signature of participant

IT'S TIME FOR A CHANGE!

P-

WIC is proposing to make changes in our Food Packages.

Here are some of the **proposed** additions and changes:

Offer:

- fruits and vegetables.
- milk substitutes such as soy beverages and tofu;
- canned beans;
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc).
- canned salmon or sardines in addition to canned chunk light tuna.
- "baby jar" fruits and vegetables.

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA (United States Department of Agriculture).

What do you like most about the proposed changes? I think that this change is a great idea for the mothers and the children.

What other comments would you like to make?

Keep up the good work and thank you for all the help you give.

Chafon L. Lewis
Signature of participant

IT'S TIME FOR A CHANGE!

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer:

- fruits and vegetables;
- milk substitutes such as soy beverages and tofu;
- canned beans;
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc);
- canned salmon or sardines in addition to canned chunk light tuna;
- "baby jar" fruits and vegetables;

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture)

What do you like most about the proposed changes?

I think that its great that you
guys are giving more kids need
Fruits and vegetables, tuna, salmon, sardines
canned beans and other great nutrition

What other comments would you like to make?

Everything seems great keep
up the great ~~work~~ work

Alia E...
Signature of participant

IT'S TIME FOR A CHANGE!

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer:

- fruits and vegetables;
- milk substitutes such as soy beverages and tofu;
- canned beans;
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc);
- canned salmon or sardines in addition to canned chunk light tuna.
- "baby jar" fruits and vegetables.

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture).

What do you like most about the proposed changes?

What other comments would you like to make?

NONE ~~XXXXXXXXXXXXXXXXXXXX~~

Lauretta COWANS
Signature of participant

P 4821

11P

IT'S TIME FOR A CHANGE!

NOV 06 2000

P-

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer:

- fruits and vegetables;
- milk substitutes such as soy beverages and tofu;
- canned beans;
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc),
- canned salmon or sardines in addition to canned chunk light tuna.
- "baby jar" fruits and vegetables.

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.


WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture).

What do you like most about the proposed changes?

I like that they are going to
be able to give us more
than really can't be bought.

What other comments would you like to make?


Signature of participant

8 4822

11 p

IT'S TIME FOR A CHANGE!

NOV 06 2006

WIC is proposing to make changes in our Food Packages.

f-

Here are some of the *proposed* additions and changes:

Offer:

- fruits and vegetables;
- milk substitutes such as soy beverages and tofu;
- canned beans;
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc);
- canned salmon or sardines in addition to canned chunk light tuna.
- "baby jar" fruits and vegetables

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture).

What do you like most about the proposed changes?

The fact that they give fruits & veggies
and canned meats which are
good for a balanced diet

What other comments would you like to make?

Keep up great service work!!

[Signature]
Signature of participant

P 4823

NOV 06 2008

IT'S TIME FOR A CHANGE!

WIC is proposing to make changes in our Food Packages.

Here are some of the **proposed** additions and changes:

Offer:

- fruits and vegetables;
- milk substitutes such as soy beverages and tofu;
- canned beans,
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc);
- canned salmon or sardines in addition to canned chunk light tuna.
- "baby jar" fruits and vegetables

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

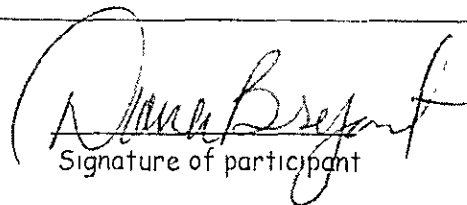
WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture).

What do you like most about the proposed changes?

It give : a variety of kinds of foods

What other comments would you like to make?


Signature of participant

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer:

- fruits and vegetables;
- milk substitutes such as soy beverages and tofu;
- canned beans;
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc);
- canned salmon or sardines in addition to canned chunk light tuna.
- "baby jar" fruits and vegetables.

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture).

What do you like most about the proposed changes?

I think it's a terrific step up. It'll allow for a wider variety of foods to choose from with picky eaters, as my child is.

What other comments would you like to make?


Signature of participant

IT'S TIME FOR A CHANGE!

WIC

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer:

- fruits and vegetables;
- milk substitutes such as soy beverages and tofu;
- canned beans;
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc);
- canned salmon or sardines in addition to canned chunk light tuna.
- "baby jar" fruits and vegetables.

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

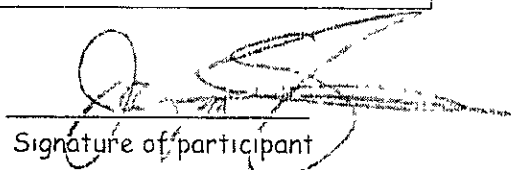
WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture)

What do you like most about the proposed changes? *Good.*

What other comments would you like to make?

Thank you for helping educate us on what and how to feed our families.


Signature of participant

IT'S TIME FOR A CHANGE!

007: 63 0025

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer:

- fruits and vegetables;
- milk substitutes such as soy beverages and tofu;
- canned beans;
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc);
- canned salmon or sardines in addition to canned chunk light tuna.
- "baby jar" fruits and vegetables.

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!

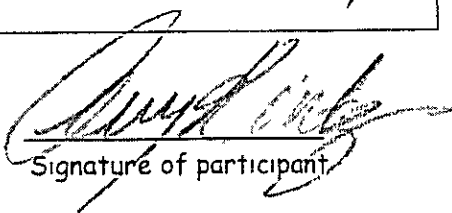
The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture).

What do you like most about the proposed changes?

*It gives more of a variety of
the basic food groups.*

What other comments would you like to make?

*I think it will be more helpful
to those of us that are on
WIC to have more of the necessary
food.*


Signature of participant

R 4827

IT'S TIME FOR A CHANGE!

NOV 3 1983

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer:

- fruits and vegetables;
- milk substitutes such as soy beverages and tofu;
- canned beans;
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc);
- canned salmon or sardines in addition to canned chunk light tuna.
- "baby jar" fruits and vegetables.

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture).

What do you like most about the proposed changes?

*The fruits and vegetables
* a variety of whole grain foods

What other comments would you like to make?

LB. Bantista
Signature of participant

4828

IT'S TIME FOR A CHANGE!

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer:

- fruits and vegetables;
- milk substitutes such as soy beverages and tofu;
- canned beans;
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc);
- canned salmon or sardines in addition to canned chunk light tuna;
- "baby jar" fruits and vegetables.

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!

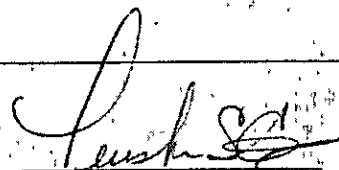
The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture).

What do you like most about the proposed changes?

There are times you CAN substitute the food

What other comments would you like to make?

At the time of my visit it wasn't crowded at all. Thanks.


Signature of participant

IT'S TIME FOR A CHANGE!

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer:

- fruits and vegetables;
- milk substitutes such as soy beverages and tofu;
- canned beans;
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc);
- canned salmon or sardines in addition to canned chunk light tuna;
- "baby jar" fruits and vegetables.

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture).

What do you like most about the proposed changes?

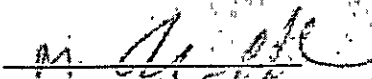
more m.

whole grain foods

~~More~~ Fruits

What other comments would you like to make?

none


Signature of participant

IT'S TIME FOR A CHANGE!

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer:

- fruits and vegetables;
- milk substitutes such as soy beverages and tofu;
- canned beans;
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc);
- canned salmon or sardines in addition to canned chunk light tuna.
- "baby jar" fruits and vegetables.

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture).

What do you like most about the proposed changes? *adding
fruits & vegetables would be good because
most people purchase this it would be
really helpful*

What other comments would you like to make? *adding
this is a great program now
things would make it even better.*

Sara Flores
Signature of participant

P 4831

11P

IT'S TIME FOR A CHANGE!

NOV 06 2006

P-

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer.

- fruits and vegetables;
- milk substitutes such as soy beverages and tofu;
- canned beans,
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc);
- canned salmon or sardines in addition to canned chunk light tuna.
- "baby jar" fruits and vegetables.

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

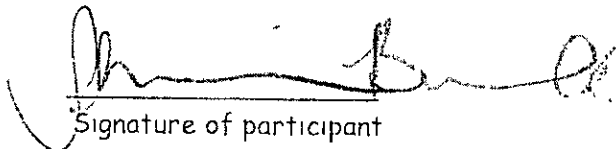
WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture)

What do you like most about the proposed changes?

I agree

What other comments would you like to make?


Signature of participant

IT'S TIME FOR A CHANGE!

NOV 06 2000

P-

WIC is proposing to make changes in our Food Packages.

Here are some of the **proposed additions and changes**:

Offer.

- fruits and vegetables,
- milk substitutes such as soy beverages and tofu;
- canned beans,
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc);
- canned salmon or sardines in addition to canned chunk light tuna.
- "baby jar" fruits and vegetables

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture)

What do you like most about the proposed changes?

I think the changes are great. I like the choice of fruits and vegetables a lot!

What other comments would you like to make?

Demet Miller
Signature of participant

P 4833

11P

IT'S TIME FOR A CHANGE!

NOV 06 2008

P-

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer:

- fruits and vegetables;
- milk substitutes such as soy beverages and tofu;
- canned beans;
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc);
- canned salmon or sardines in addition to canned chunk light tuna.
- "baby jar" fruits and vegetables.

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture).

What do you like most about the proposed changes?

fruit & veggie are great

What other comments would you like to make?

Maria Lopez
Signature of participant

R 4834

IT'S TIME FOR A CHANGE!

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer:

- fruits and vegetables;
- milk substitutes such as soy beverages and tofu;
- canned beans;
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc);
- canned salmon or sardines in addition to canned chunk light tuna.
- "baby jar" fruits and vegetables.

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture).

What do you like most about the proposed changes?

The almost 100% of the food would be
able to grow.

What other comments would you like to make?

Amelia Ballinger
Signature of participant

24835

IT'S TIME FOR A CHANGE!

NOV 08 2007

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer:

- fruits and vegetables;
- milk substitutes such as soy beverages and tofu;
- canned beans,
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc);
- canned salmon or sardines in addition to canned chunk light tuna.
- "baby jar" fruits and vegetables.

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages

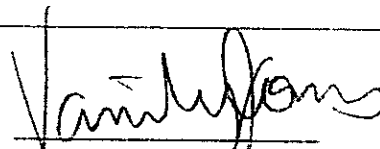
WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture)

What do you like most about the proposed changes?

more

What other comments would you like to make?


Signature of participant

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer:

- fruits and vegetables;
- milk substitutes such as soy beverages and tofu;
- canned beans;
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc);
- canned salmon or sardines in addition to canned chunk light tuna.
- "baby jar" fruits and vegetables.

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!

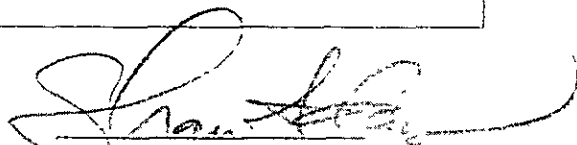
The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture).

What do you like most about the proposed changes?

fruits + vegetable as they can be
easier

What other comments would you like to make? good program

THANKS


Signature of participant

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer:

- fruits and vegetables;
- milk substitutes such as soy beverages and tofu;
- canned beans;
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc),
- canned salmon or sardines in addition to canned chunk light tuna.
- "baby jar" fruits and vegetables.

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages

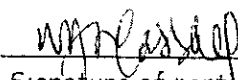
WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture).

What do you like most about the proposed changes?

would like to see you add bread, also fruits and vegetables.
Also my son drinks soy milk & we are trying to wing him
on to whole milk but it would be nice if they also had
that as a substitute for him.

What other comments would you like to make? N/A.


Signature of participant

IT'S TIME FOR A CHANGE!

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer:

- fruits and vegetables,
- milk substitutes such as soy beverages and tofu;
- canned beans;
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc);
- canned salmon or sardines in addition to canned chunk light tuna.
- "baby jar" fruits and vegetables.

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture)

What do you like most about the proposed changes?

*Fruits + vegetables being added.
As well as the milk substitutions.*

What other comments would you like to make?

Signature of participant

P 4839

IT'S TIME FOR A CHANGE!

NOV 11 1995

WIC is proposing to make changes in our Food Packages.

Here are some of the proposed additions and changes:
Offer: <ul style="list-style-type: none">• fruits and vegetables,• milk substitutes such as soy beverages and tofu;• canned beans;• a variety of whole grain foods (cereal, breads, tortillas, rice, etc),• canned salmon or sardines in addition to canned chunk light tuna.• "baby jar" fruits and vegetables.

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

<p>WIC wants to know your ideas about these changes!</p> <p>The American Red Cross WIC Program will submit your ideas to the USDA (United States Department of Agriculture).</p>
<p>What do you like most about the proposed changes?</p> <p>Baby jar & fruits & veggies canned beans</p>
<p>What other comments would you like to make?</p> <p>no more proposals</p>

4/4/97
Signature of participant

IT'S TIME FOR A CHANGE!

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer:

- fruits and vegetables;
- milk substitutes such as soy beverages and tofu;
- canned beans,
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc);
- canned salmon or sardines in addition to canned chunk light tuna.
- "baby jar" fruits and vegetables.

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture).

What do you like most about the proposed changes?

- the fruits & vegetables
- variety of whole grain foods
- Baby jar - fruits & vegetables

What other comments would you like to make?

"USD" is a little bit of you...
don't really in to the changes
they sound great. Thank you very
much from Elizabeth.

Signature of participant

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer:

- fruits and vegetables;
- milk substitutes such as soy beverages and tofu,
- canned beans;
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc);
- canned salmon or sardines in addition to canned chunk light tuna.
- "baby jar" fruits and vegetables.

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!

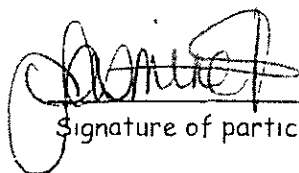
The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture).

What do you like most about the proposed changes?

all of the proposed changes
are great & ~~good benefits~~
and beneficial

What other comments would you like to make?

None, wishing & hoping changes
go through


Signature of participant

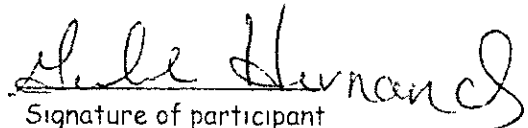
IT'S TIME FOR A CHANGE!

WIC is proposing to make changes in our Food Packages.

Here are some of the proposed additions and changes:
Offer: <ul style="list-style-type: none">• fruits and vegetables;• milk substitutes such as soy beverages and tofu;• canned beans;• a variety of whole grain foods (cereal, breads, tortillas, rice, etc);• canned salmon or sardines in addition to canned chunk light tuna.• "baby jar" fruits and vegetables.

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes! The American Red Cross WIC Program will submit your ideas to the USDA (United States Department of Agriculture).
What do you like most about the proposed changes? It is great to make this changes because Children eat a lot of fruit and fresh fruit & vegetables are better so it is good.
What other comments would you like to make? N/A.

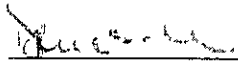

Signature of participant

WIC is proposing to make changes in our Food Packages.

Here are some of the <i>proposed</i> additions and changes:
Offer: <ul style="list-style-type: none">• fruits and vegetables.• milk substitutes such as soy beverages and tofu;• canned beans;• a variety of whole grain foods (cereal, breads, tortillas, rice, etc);• canned salmon or sardines in addition to canned chunk light tuna.• "baby jar" fruits and vegetables.

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

<p>WIC wants to know your ideas about these changes!</p> <p>The American Red Cross WIC Program will submit your ideas to the USDA (United States Department of Agriculture).</p>
<p>What do you like most about the proposed changes?</p> <p><i>more options</i></p>
<p>What other comments would you like to make?</p>


Signature of participant

P 4844

IT'S TIME FOR A CHANGE!

NOV 10 1991

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer:

- fruits and vegetables;
- milk substitutes such as soy beverages and tofu;
- canned beans;
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc);
- canned salmon or sardines in addition to canned chunk light tuna.
- "baby jar" fruits and vegetables.

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture).

What do you like most about the proposed changes?

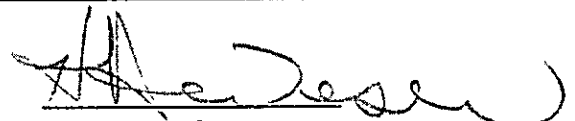
FRUITS & VEGETABLES

&

BABY JAR

BREADS & TORTILLAS & RICE

What other comments would you like to make?


Signature of participant

4845

NOV 03 2006

IT'S TIME FOR A CHANGE!

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer:

- fruits and vegetables;
- milk substitutes such as soy beverages and tofu;
- canned beans;
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc);
- canned salmon or sardines in addition to canned chunk light tuna.
- "baby jar" fruits and vegetables.

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture).

What do you like most about the proposed changes?

The idea of baby food in jars

What other comments would you like to make?

The baby cereal should also be available with fruits.
Baby Juices as well.


Signature of participant

74846

IT'S TIME FOR A CHANGE!

NOV 03 2006

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer:

- fruits and vegetables;
- milk substitutes such as soy beverages and tofu;
- canned beans;
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc);
- canned salmon or sardines in addition to canned chunk light tuna.
- "baby jar" fruits and vegetables.

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!

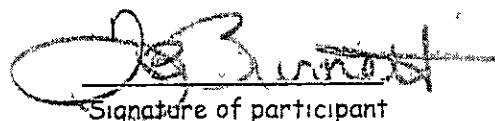
The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture).

What do you like most about the proposed changes?

NO INPUT AT THE MOMENT

What other comments would you like to make?

BETTER CHOICES ARE ALWAYS
GOOD.


Signature of participant

R 4847

IT'S TIME FOR A CHANGE!

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer:

- fruits and vegetables;
- milk substitutes such as soy beverages and tofu;
- canned beans;
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc);
- canned salmon or sardines in addition to canned chunk light tuna;
- "baby jar" fruits and vegetables.

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

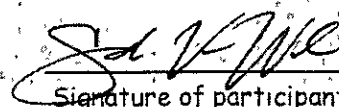
WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture).

What do you like most about the proposed changes?

Gives a more appealing choice of food

What other comments would you like to make?


Signature of participant

P4848

IT'S TIME FOR A CHANGE!

WIC is proposing to make changes in our Food Packages.

Here are some of the **proposed** additions and changes:

Offer:

- fruits and vegetables;
- milk substitutes such as soy beverages and tofu;
- canned beans;
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc);
- canned salmon or sardines in addition to canned chunk light tuna;
- "baby jar" fruits and vegetables.

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture).

What do you like most about the proposed changes?

More variety of foods, including fruits/veg
My son tears through his veggies - he loves em!
He also loves cereal too, which can get spendy
between him & my husband!

What other comments would you like to make?

J. Waddell

Signature of participant

4849

IT'S TIME FOR A CHANGE!

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer:

- fruits and vegetables;
- milk substitutes such as soy beverages and tofu;
- canned beans;
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc);
- canned salmon or sardines in addition to canned chunk light tuna.
- "baby jar" fruits and vegetables.

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture).

What do you like most about the proposed changes?

the fruits & vegetables and the
new variety

What other comments would you like to make?


Signature of participant

P4850

IT'S TIME FOR A CHANGE!

NOV 03

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer:

- fruits and vegetables;
- milk substitutes such as soy beverages and tofu;
- canned beans;
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc);
- canned salmon or sardines in addition to canned chunk light tuna;
- "baby jar" fruits and vegetables.

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.


WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture).

What do you like most about the proposed changes?

Hope there's more food to choose like
more of variety. Smaller portions of
juice.

What other comments would you like to make?


Signature of participant

P 4851

IT'S TIME FOR A CHANGE!

FOI 22 2016

WIC is proposing to make changes in our Food Packages

Here are some of the *proposed* additions and changes:

Offer:

- fruits and vegetables;
- milk substitutes such as soy beverages and tofu;
- canned beans;
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc);
- canned salmon or sardines in addition to canned chunk light tuna.
- "baby jar" fruits and vegetables.

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food-packages.

WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture).

What do you like most about the proposed changes?

Fruits & veggies

What other comments would you like to make?

Signature of participant

4852

IT'S TIME FOR A CHANGE!

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer:

- fruits and vegetables;
- milk substitutes such as soy beverages and tofu;
- canned beans;
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc);
- canned salmon or sardines in addition to canned chunk light tuna.
- "baby jar" fruits and vegetables.

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture).

What do you like most about the proposed changes?

I would love it, more options is better, I would

What other comments would you like to make?

I would like to also suggest more/better cereal for adults as well as kids. String cheese is an option

Rebecca Adams

Signature of participant

R 4853

IT'S TIME FOR A CHANGE!

NOV 25 1992

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer:

- fruits and vegetables;
- milk substitutes such as soy beverages and tofu;
- canned beans;
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc);
- canned salmon or sardines in addition to canned chunk light tuna.
- "baby jar" fruits and vegetables.

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.


WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture).

What do you like most about the proposed changes?

rice & breads

What other comments would you like to make?


Signature of participant

P 4854

IT'S TIME FOR A CHANGE!

NOV 03

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer:

- fruits and vegetables;
- milk substitutes such as soy beverages and tofu;
- canned beans;
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc);
- canned salmon or sardines in addition to canned chunk light tuna.
- "baby jar" fruits and vegetables.

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture).

What do you like most about the proposed changes?

Fruits & veg


baby jar fruits and veg

Canned Salmon or sardines

Canned beans

What other comments would you like to make?

It will be better whatever kind you
want, instead of you guys writing in the
checkes ^{or "brand"} to be very easier for us
to get.


Signature of participant

IT'S TIME FOR A CHANGE!

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer:

- fruits and vegetables;
- milk substitutes such as soy beverages and tofu;
- canned beans;
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc);
- canned salmon or sardines in addition to canned chunk light tuna.
- "baby jar" fruits and vegetables.

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

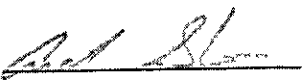
WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture).

What do you like most about the proposed changes?

*More will be offered which can help out greatly.
Although its too bad these things were offered before
such as the "baby jar" fruits and vegetables.*

What other comments would you like to make?


Signature of participant

P 4856

IT'S TIME FOR A CHANGE!

NOV 09 2005

WIC is proposing to make changes in our Food Packages.

Here are some of the **proposed** additions and changes:

Offer:

- fruits and vegetables;
- milk substitutes such as soy beverages and tofu;
- canned beans;
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc);
- canned salmon or sardines in addition to canned chunk light tuna.
- "baby jar" fruits and vegetables.

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture).

What do you like most about the proposed changes?

It's great

What other comments would you like to make?

I would have preferred them to add milk
& eggs along side including juice



Signature of participant

4857

IT'S TIME FOR A CHANGE!

NOV 06 1992

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer:

- fruits and vegetables;
- milk substitutes such as soy beverages and tofu;
- canned beans;
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc);
- canned salmon or sardines in addition to canned chunk light tuna.
- "baby jar" fruits and vegetables.

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!

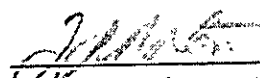
The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture).

What do you like most about the proposed changes?

fruits + veg's whole grains

What other comments would you like to make?

In some areas sliced American Cheese (not
individually) wrapped is allowed.
American Cheese at the groceries in this area
is not available


Signature of participant

IT'S TIME FOR A CHANGE!

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer:

- fruits and vegetables;
- milk substitutes such as soy beverages and tofu;
- canned beans;
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc);
- canned salmon or sardines in addition to canned chunk light tuna.
- "baby jar" fruits and vegetables.

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!

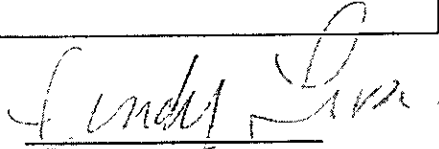
The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture).

What do you like most about the proposed changes?

The fruits and vegetables because is very important and they have a lot of vitamins and nutrients. More healthy.

What other comments would you like to make?

I want to say thank you for the help that WIC offer to people.


Signature of participant

IT'S TIME FOR A CHANGE!

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer:

- fruits and vegetables;
- milk substitutes such as soy beverages and tofu;
- canned beans;
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc);
- canned salmon or sardines in addition to canned chunk light tuna.
- "baby jar" fruits and vegetables.

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!

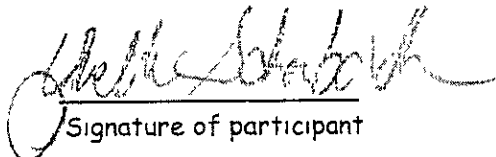
The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture)

What do you like most about the proposed changes?

gives VA ~~up~~ healthy

What other comments would you like to make?

None


Signature of participant

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer:

- fruits and vegetables
- milk substitutes such as soy beverages and tofu
- canned beans
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc)
- canned salmon or sardines in addition to canned chunk light tuna
- "baby jar" fruits and vegetables

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

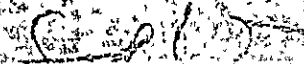
WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture)

What do you like most about the proposed changes?

fruits and vegetables
baby jar

What other comments would you like to make?


Signature of participant

4861

IT'S TIME FOR A CHANGE!

WIC is proposing to make changes in our Food Packages NOV 03 2006

Here are some of the *proposed* additions and changes:

Offer:

- fruits and vegetables;
- milk substitutes such as soy beverages and tofu;
- canned beans;
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc);
- canned salmon or sardines in addition to canned chunk light tuna;
- "baby jar" fruits and vegetables.

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

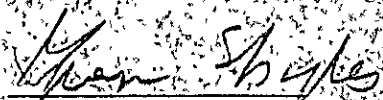
WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture).

What do you like most about the proposed changes?

Fruit & Veg

What other comments would you like to make?


(Signature of participant)

WIC is proposing to make changes in our Food Packages

Here are some of the proposed additions and changes:

Offer:

- fruits and vegetables
- milk substitutes such as soy beverages and tofu
- canned beans
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc)
- canned salmon or sardines in addition to canned chunk light tuna
- "baby jar" fruits and vegetables

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages

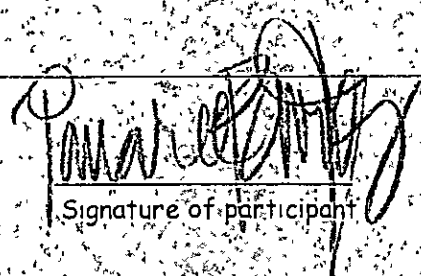
WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture)

What do you like most about the proposed changes?

canned tuna & tofu

What other comments would you like to make?


Signature of participant

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- milk substitutes such as soy beverages and tofu;
- canned beans;
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc);
- canned salmon or sardines in addition to canned chunk light tuna;
- "baby jar" fruits and vegetables.

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WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture).

What do you like most about the proposed changes?

What other comments would you like to make?

I would like to have Cranberry
Juice, it's better for me
Thanks



Signature of participant

WIC is proposing to make changes in our Food Packages.

Here are some of the proposed additions and changes:

Offer:

- fruits and vegetables
- milk substitutes such as soy beverages and tofu
- canned beans
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc.)
- canned salmon or sardines in addition to canned chunk light tuna
- "baby jar" fruits and vegetables

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

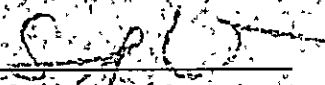
WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture).

What do you like most about the proposed changes?

fruits and vegetables
baby jar

What other comments would you like to make?


Signature of participant

4861

IT'S TIME FOR A CHANGE!

WIC is proposing to make changes in our Food Packages NOV 03 2006

Here are some of the *proposed* additions and changes:

Offer:

- fruits and vegetables
- milk substitutes such as soy beverages and tofu
- canned beans
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc)
- canned salmon or sardines in addition to canned chunk light tuna
- "baby jar" fruits and vegetables

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages

WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture)

What do you like most about the proposed changes?

Handwritten signature

What other comments would you like to make?

Handwritten signature

Signature of participant

P 4862

IT'S TIME FOR A CHANGE!

NOV 03 2000

WIC is proposing to make changes in our Food Packages

Here are some of the *proposed* additions and changes:

Offer:

- fruits and vegetables
- milk substitutes such as soy beverages and tofu
- canned beans
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc)
- canned salmon or sardines in addition to canned chunk light tuna
- "baby jar" fruits and vegetables

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages

WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture).

What do you like most about the proposed changes?

canned tuna & tofu

What other comments would you like to make?

Signature of participant

IT'S TIME FOR A CHANGE!

WIC is proposing to make changes in our Food Packages.

Here are some of the **proposed** additions and changes:

Offer:

- fruits and vegetables
- milk substitutes such as soy beverages and tofu
- canned beans
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc)
- canned salmon or sardines in addition to canned chunk light tuna
- "baby jar" fruits and vegetables

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture).

What do you like most about the proposed changes?

What other comments would you like to make?

I would like to have Cranberry
Juice. It's better for me.
Thanks



Signature of participant

Dear LISA

NOV 03 2008

Sep 22, 2008

al Maria E. Guerrero

74864

would like to have different
choices of food.

1116 First St #7

Longwood, ca 90300.

Maria E. Guerrero

Maribel Ayala NOV 03 2008 9-22-
133 F Buckthorn Inglewood CA 9030

P48

I would like something different
in the WIC coupons.

Dear USDA

NOV 03 2008

4-22-06

P 4866

I am writing to let the Department know
I would like the proposal to change WIC food!

Marisa Luckett
126 E. Spruce ave #3
Inglewood CA 90301
310.419-9374.

NOV 03 2006

P 4867

Dear USDA

I would like the change

Thank you

A handwritten signature, possibly reading "J. S.", written in cursive script.

P4868

9/22

I agree with the WIC Counselor
in regards to adding other health
foods in with our coupons. Such as
healthy vegetables, snacks, little bottle
of juices.

J. Ladra
3454 Santa Ana St
South Gate, CA 90281

TO: USDA

NOV 03 2006

P 4869

11/22/2006

I AGREE TO THE NEW PRODUCT CHANGE
SUCH AS DAIRY FOOD, FRUITS AND VEGETABLES.

THANK YOU

Jacy Moody
(323) 1740-9036

3435 W 176 ST
LA CAÑONALIA 90047

84870

NOV 03 2006

9/22/06.

ATTN: USDA,

I STEPHANIE JOHNSON,

AGREE TO THE CHANGE IN WIC ASAP.
I REALIZE HOW IMPORTANT LEG. ARE TO
MYSELF AS WELL TO KIDS. I'M SURE
IF YOU SAY YES TO THE CHANGE IT WILL
DEFINITELY BENEFIT EVERYONE

THANK YOU,
STEPHANIE JOHNSON
(310) 722-5250.

STEPHANIE JOHNSON
8209 CREEK HILL DR
INGWEN, CA 9030

To: USDA

NOV 03 2008

P 4871

Yes I agree that we should receive vegetables instead of juices, and also should receive tofu, bread, tortillas and baby food. Some parents struggle to buy their child baby food and this is a very big help. On the coupons we should have more than just cereal, juice, eggs.

Sincerely

Shanetta King
8209 Crenshaw Dr
Inglewood 90305
CA.

I would like a change
in my WIC cheque. with
the new vanities.

Thanks

Marcia Smith

P4883



Working families
may qualify for WIC

—

WIC serves

- pregnant women
- new moms
- children under age 5

—

Registered dietitians
and nutrition assistants
at WIC provide

- breastfeeding support
- nutrition counseling

—

WIC is an equal
opportunity program

I believe that it is very
~~important~~ important to add
items to the program.
Being a New Mother &
Breastfeeder it will help me
to be able to afford the proper
foods need to pass on healthiness
to my child. By adding
fruit and veggies which are
very important in breastfeeding
nutrition it help the program
to continue to accomplish it
goals which is the nutrition
health of young children ^{proper} & mothers.

9/21/06

Thank you ^{over}
Tashana Gayles

P4884



Working families
may qualify for WIC

—

WIC serves

- pregnant women
- new moms
- children under age 5

—

Registered dietitians
and nutrition assistants
at WIC provide

- breastfeeding support
- nutrition counseling

—

WIC is an equal
opportunity program

I think it would be
A Wonderful Idea to
add additional iteams
to the wic package.

I will be looking
forward to expericing
Something new.

Lea Domingue

[Signature]
9.21.06

2215 W. 34TH ST
LA, CA 90018.

